

Online Self-Assessment Tools for Theology Students

Below are some of our favorite online assessment tools. As you work toward self-knowledge, remember that no self-assessment tool is designed to or could provide you with a complete picture of you. Instead, most assessment tools are designed to help you identify one particular thing, whether it be your strengths, your abilities, your personality type, etc. The list below is a small sampling of what is available to you, note that some are free and others have costs, which are noted for you.

We suggest taking a smattering of assessments, especially ones that help fill in holes in your self-knowledge. Look at each assessment result, and note which parts feel true. Then, looking at all of your results, see if you notice any recurring themes or patterns, and then take those truths with you on your vocational journey.

Spiritual Gifts Assessment

A discovery tool that provides you with a personal analysis of your spiritual gifts. This
assessment can help you chart a path to the areas of ministry that might be the best use
of your God-given gifts for ministry. (Free)

Values in Action (VIA) Strengths Assessment

 A free survey based on the scientific research of character strengths which can be used to uncover your greatest personal strengths and character traits. This is an excellent tool to help you assess and convey to others the value you bring to a high functioning team.
 (Free)

Myers Briggs Type Indicator

 An introspective self-report questionnaire designed to indicate psychological preferences in how people perceive the world and make decisions. This assessment is available without a facilitator at MBTI Online for \$49.95. More in-depth reports and tools are available with a facilitator, for additional costs, see details here. (\$49.99/ Cost Varies with facilitator)

StrengthsFinder

 The Clifton StrengthFinder results give people a way to discuss and develop their unique combination of skills, talents, and knowledge. The Strengths Finder book is also available on here and comes with a code for the online assessment. (\$19.99 and up)

What Color Is Your Parachute - Online

• What Color Is Your Parachute? 2019: A Practical Manual for Job-Hunters and Career-Changers, Richard N. Bolles (One-year access to online materials from the book available for \$4.99 at here and at the Emory Library here).



Online Self-Assessment Tools for Theology Students

Enneagram

 This is another assessment designed to help identify your personality type. This is available for free here or for \$10 with more detailed feedback from Enneagram Worldwide. (Free for Basic/ \$10 for full report)

Work Value Cards

- A simple exercise that allows you to categorize core workplace values into "essential, important, or not-important" as it relates to what you need from a career. This tool can be used in conjunction with the Six Core Work Values to specifically target job markets that fit your professional skillset and what matters to you most at your core. (Free)
- The Work Values Inventory helps you to analyze a list of common workplace values to clarify where your priorities lie which directly impacts your level of job satisfaction. Understanding how your values align with a work environment helps determine whether or not you are a fit for an employer more than any other factor. (Free)

Interest Profiler

 O*Net Interest Profiler is a free tool that helps you develop a list of careers you might want to explore. (Free)

Truity.com

Truity provides a wealth of assessments based on positive psychology models and other top assessments, including Myers Briggs' theory, you can explore many aspects of your personality type, strengths, temperament and more for free or for small fees:

- The Personal Strengths Inventory is a great free tool to help you discover more about your personal strengths. (Free)
- The Career Personality Profiler This free 15-minute career test is based on the powerful Holland Code and Big Five systems measures key personality factors to show you the exact careers that suit your strengths. This test offers accurate results to get you started on the right career path today. (Free for Basic/\$29 for full report)
- The Workplace TypeFinder Assessment helps you to understand your unique work style, explore your strengths and weaknesses, and see how your personality type drives your approach to leadership, teamwork, change management, and communication. (\$29)



Online Self-Assessment Tools for Theology Students

- The TypeFinder Temperament Test looks at basic elements of how you think about things and interact with your environment. You will learn whether your temperament type is Empath, Theorist, Preserver, or Responder, and what that means for you. (Free)
- The Big Five Personality Test This test is based on the Five Factor model of personality, the most widely accepted theory of personality today. The Five Factor model scores people based on five broad dimensions of personality and is widely considered to be the most robust way to describe personality differences. It is the basis of most modern personality research. (Free for Basic/ \$29 for full report)
- The 300-question Personality Test assesses you on the Big Five factors of personality (Openness, Conscientiousness, Neuroticism, Extraversion, and Agreeableness) as well as 30 personality trait subscales (including Imagination, Emotionality, Altruism, and Adventurousness, to name a few). (Free)

Additional Free Resources

 For more options, check out Quintessential Careers' Online Career Assessment Tools for Job Seekers or Queendom, which is devoted to online assessments. Also, check with your undergraduate office of career development, sometimes they have free offerings for alumni. (Free)

Additional Options that Require a Facilitator

- Strong Interest Inventory identifies interests and specific jobs that match your interests in a broad range of occupations, work activities, etc. This assessment usually requires a facilitator. (Price Varies)
- Highlands Ability Battery The three-hour online HAB is made up of 19 timed exercises designed to reveal your natural abilities, including what makes you tick. Requires a facilitator and can be pricey. (Price Varies)
- The DiSC profile published by Wiley, is a non-judgmental tool used for discussion of people's behavioral differences. DiSC helps to improve work productivity, teamwork, and communication. This assessment requires a facilitator. (Price Varies)