

Discernment Resources

Books to Consider

- Living Your Strengths: Discover Your God-Given Talents and Inspire Your Community, Albert L. Winseman, available on Amazon.
- A Life at Work: The Joy of Discovering What You Were Born to Do by Thomas Moore, available on Amazon.
- Let Your Life Speak: Listening for the Voice of Vocation (JosseyBass, 2000) by Parker J. Palmer, available at Pitts Theology Library and other Emory libraries.
- Sleeping with Bread: Holding What Gives You Life by Dennis Linn, Sheila Fabricant Linn, Matthew Linn, Available on Amazon.
- The Way of Discernment: Spiritual Practices for Decision Making, by Elizabeth Liebert, available at Pitts Theology Library.
- What Color Is Your Parachute? 2019: A Practical Manual for Job-Hunters and Career-Changers, Richard N. Bolles (One-year access to online materials from the book available for \$4.99 at here).
- The Artist's Way: Creativity As a Spiritual Practice, Julia Cameron, available in the Emory Library here.
- Finding Your Own North Star: Claiming the Life You Were Meant to Live, Martha Beck, here.
- Do What You Are, Paul D. Tieger and Barbara Barron-Tieger, available at the Emory library <u>here</u>.
- Crossing the Unknown Sea: Work as a Pilgrimage of Identity, David Whyte, available on Amazon.
- Die Empty: Unleash Your Best Work Every Day, Todd Henry, available on Amazon.
- Luck is No Accident: Making the Most of Happenstance in Your Life & Career, Krumboltz & Levin, available on Amazon.
- Now, Discover Your Strengths, Marcus Buckingham, available on Amazon.



Discernment Resources

Videos

- Vocational Discernment for Pastors by Rev. Dr. Sandawna Gaulman Ashley, Assistant Stated Clerk; Manager, Call Process Support and Teaching Elders Ministry in the Office of the General Assembly
- Finding Purpose & Inspiration Simon Sinek on London Real
- Start with Why, Simon Sinek TED Talk
- How (and why) to find your Purpose? Jeff Hilimire at Begin the Begin
- Know Your Why, Michael Jr.

Additional Online Resources

Hover over the titles to reveal the links!

- Discerning Your Call and Your Gifts for Ministry of Word and Sacrament
- Five Cups of Coffee Discernment Conversation Starters