



Breakthru House

www.breakthruhouseatl.org

As the first long-term residential recovery program for women in Georgia, Breakthru House is specially designed to meet the unique needs of women struggling with drug and alcohol addiction. Since its founding in 1969, Breakthru House's founding principle has remained constant: Physical, emotional and spiritual healing through recovery is possible when each woman's treatment program is designed to meet her individual needs. Utilizing the 12 Steps and a ready-made therapeutic community, Breakthru House provides a safe, structured drug-free environment to foster a life of recovery. In therapy sessions, addiction is addressed as a disease because of the unresolved grief, trauma and poor self-esteem issues commonly associated with female addicts.

In any given moment, a life transformation is occurring at Breakthru House. It may be a woman discovering that her addiction is a disease, providing her body the proper nutrition it needs to mend, or nourishing her soul by healing from past trauma and revitalizing her personal journey. Each plays an integral role in her ability to experience physical, emotional and spiritual healing throughout recovery.

Her road to recovery is made possible by the love and generosity of others. One hundred percent of our clients receive scholarships to take part in our program (website).

Breakthru House proposal for a Candler intern:

Goal – to develop a formal curriculum for spiritual growth and enrichment for Breakthru House residents.

- Assist the Executive Director in developing a coherent approach to the delivery of spiritual care to Breakthru House resident as appropriate in a residential setting
- Work with the Executive Director to oversee the provision of spiritual care and learning
Participate in program development
- Act as a resource to the volunteer spirituality group leaders
- Develop relationships with the faith community in the area Interact in Relational Ministry with Breakthru House clients
- Lead a group in spiritual practice once a week or more (if we have more clients, we may need two groups so they're not too large)
- Provide spiritual counseling one on one when requested (would need a limit here I think)

A stipend of at least \$1000 available.

Contact Julie Childs, Board Chairperson

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